



Private Training Rates

Plan	Price	Price per Session	Savings
Individual Personal Training			
(1) 30-minute Private Personal Training session	\$45	\$45.00	
(10) 30-minute Private Personal Training sessions	\$405	\$40.50	\$45
(20) 30-minute Private Personal Training sessions	\$765	\$38.25	\$135
(1) 60-minute Private Personal Training Session	\$65	\$65.00	
(10) 60-minute Private Personal Training sessions	\$585	\$58.50	\$65
(20) 60-minute Private Personal Training sessions	\$1,105	\$55.25	\$195
Train with a spouse or buddy - Semi-Private training - Prices are per person			
(10) 60-minute Private Personal Training sessions	\$270	\$27.00	\$30
(20) 60-minute Private Personal Training sessions	\$405	\$20.25	\$45